

FRIENDS (feat. kiLL edward)

J. Cole

Cop another bag of smoke today
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I got thoughts, can't control
Got me down, got me low
Rest my mind, rest my soul
When I blow, when I blow
Am I wrong, let them know
Feels so right to let things go
Don't think twice, this is me
This is how I should be
But I'm aggravated without it
My saddest days are without it
My Saturdays are the loudest
I'm blowing strong
Some niggas graduated with powder
I dabble later, I doubt it
My database of narcotics
It's growing long
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I'm blowing strong
Some niggas graduated with powder
I dabble later, I doubt it
My database of narcotics
It's growing long
I wrote this shit to talk about the word addiction
To my niggas out there sipping, I hope you're listening
[?], I hope you listening
This is for the whole fucking 'ville I hope you're listening
Smoking medical grade, but I ain't got perscription
All the way in Cali where they ain't got precipi-
-Tation, feeling like the only one that made it
And I hate it for my niggas 'cause they ain't got ambition
Fuck did you expect, you can blame it on condition
Blame it on crack, you can blame it on the system
Blame it on the fact that 12 got jurisdiction

To ride around in neighborhoods that they ain't ever lived in
Blame it on the strain that you feel when daddy missing
Blame it on Trump shit, blame it on Clinton
Blame it on trap music and the politicians
Or the fact that every black boy wanna be Pippen
But they only got twelve slots on the Pistons
Blame it on the rain, Milli Vanilli with the disk skip
What I'm tryna say is the blame can go deep as seas
Just to blame 'em all I would need like twenty CD's
There's all sorts of trauma from drama that
children see
Type of shit that normally would call for therapy
But you know just how it go in our community
Keep that shit inside it don't matter how hard it be
Fast forward, them kids is grown and they blowing trees
And popping pills due to chronic anxiety
I been saw the problem but stay silent 'cause I ain't Jesus
This ain't no trial if you desire go higher please
But fuck that now I'm older I love you 'cause you my friend
Without the drugs I want you be comfortable in your skin
I know you so I know you still keep a lot of shit in
You running from yourself and you buying product again
I know you say it helps and no I'm not trying to offend
But I know depression and drug addiction don't blend
Reality distorts and then you get lost in the wind
And I done seen the combo take niggas off the deep end
One thing about your demons they bound to catch up one day
I'd rather see you stand up and face them than run away
I understand this message is not the coolest to say
But if you down to try it I know of a better way
MeditateMeditate, meditate, meditate, meditate
Don't medicate, medicate, don't medicate, medicate
Meditate, meditate, meditate, meditate
Don't medicate, medicate, don't medicate, medicateI got thoughts, can't control
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