

# Animal I Have Become

## Three Days Grace

I can't escape this hell  
So many times I've tried  
But I'm still caged inside  
Somebody get me through this nightmare I can't control myself  
So what if you can see the darkest side of me  
No one will ever change this animal I have become  
Help me believe it's not the real me Somebody help me tame this animal  
(This animal, this animal)  
I can't escape myself  
(I can't escape myself)  
So many times I've lied  
(So many times I've lied)  
But there's still rage inside  
Somebody get me through this nightmare I can't control myself  
So what if you can see the darkest side of me No one will ever change this animal I have become  
Help me believe it's not the real me Somebody help me tame this animal I have become Help me  
believe it's not the real me  
Somebody help me tame this animal  
Somebody help me through this nightmare  
I can't control myself  
Somebody wake me from this nightmare  
I can't escape this hell  
(This animal, this animal, this animal  
this animal, this animal, this animal, this animal)  
So what if you can see the darkest side of me  
No one will ever change this animal I have become  
Help me believe it's not the real me  
Somebody help me tame this animal I have become  
Help me believe it's not the real me  
Somebody help me tame this animal  
This animal I have become

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