

Past Is Practice (feat. JJ Lawhorn)

Bubba Sparxxx

i was talkin about the past the other night with my pops, he said son we all got regrets.
All we can do is accept that its over, learn from it and move on.He said you got it all wrong,

you gotta move on
you cant keep swinging that saddle son
you have to fight the urge to reminisce
you can push rewind in your mind
It aint nothin but a waste of time
todays the day you get past this
cause the past is practise
Another long night down in Ga
watchin my whole life replay
under my eyelids
everything i did still rides with me these days
how could i let her love go
how could i let my life get this out of hand, im talkin bout the man
this is right here where i sit
I was raised on deep southern values
Life treats you just how you treat life
You better think twice
but if you blink twice it goes on without you (bye bye)
im stuck here living in circles
somehow gotta turn it to a straight line
I know everything worth having takes time
but if patience is a vurtue it aint mine
I aint ever been concerned about tomorow
but yesterday visits me nightly
at the bottom of a glass
just waitin on my ass to tell me what might be
had i cut it out sooner
or had i held on longer
Then i heard a voice in my ear
It said past is practice, it makes you stronger
He said you got it all wrong, you gotta move on
you cant keep swinging that saddle son
you have to fight the urge to reminisce
you can push rewind in your mind
It aint nothin but a waste of time
todays the day you get past this
cause the past is practiseI see know, the blessings the lesson
whats that saying?, whats that expression?
Yesterday is history, tomorows a mystery
today is a gift, thats why its called the present

I know that sounds so good when your saying it to somebody else
But when its your turn and your heart hurts,
it aint really a whole lotta help (nope)
But its like my pops says, everybodys got regrets i guess
Try as you might,cry and fight it
that aint gonna change it so i stress
But we can change tommorow with a well played today
The lights are on and life goes on
Until it dont, watya say JJ?He said you got it all wrong, you gotta move on
you cant keep swinging that saddle son
you have to fight the urge to reminisce
you can push rewind in your mind
It aint nothin but a waste of time
todays the day you get past this
cause the past is practiseI mean the fact is, there is no finer way to waste time then to be caught
up obsessin about the past. Its gone, its gone forever, move on, love todayHe said you got it all
wrong, you gotta move on
you cant keep swinging that saddle son
you have to fight the urge to reminisce
you can push rewind in your mind
It aint nothin but a waste of time
todays the day you get past this
cause the past is practise

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