

# Lose Yourself

Eminem

Look  
If you had one shot, or one opportunity  
To seize everything you ever wanted  
One moment  
Would you capture it or just let it slip? Yo His palms are sweaty, knees weak, arms are heavy  
There's vomit on his sweater already, mom's spaghetti  
He's nervous, but on the surface he looks calm and ready to drop bombs  
But he keeps on forgetting what he wrote down, the whole crowd goes so loud  
He opens his mouth, but the words won't come out  
He's choking how, everybody's joking now  
The clock's run out, time's up, over, bloah!  
Snap back to reality  
Oh, there goes gravity  
Oh, there goes Rabbit, he choked  
He's so mad, but he won't give up that easy, no  
He won't have it, he knows his whole back's to these ropes  
It don't matter, he's dope  
He knows that but he's broke  
He's so stagnant, he knows when he goes back to his mobile home, that's when it's  
Back to the lab again, yo  
This whole rhapsody  
He better go capture this moment and hope it don't pass him You better lose yourself in the  
music, the moment  
You own it, you better never let it go  
You only get one shot, do not miss your chance to blow  
This opportunity comes once in a lifetime  
You better lose yourself in the music, the moment  
You own it, you better never let it go You only get one shot, do not miss your chance to blow  
This opportunity comes once in a lifetime You better  
The soul's escaping, through this hole that is gaping  
This world is mine for the taking  
Make me king, as we move toward a new world order  
A normal life is boring, but superstardom's close to post mortem  
It only grows harder, homie grows hotter  
He blows, it's all over  
These hoes is all on him  
Coast to coast shows, he's known as the globetrotter  
Lonely roads, God only knows  
He's grown farther from home, he's no father  
He goes home and barely knows his own daughter  
But hold your nose 'cause here goes the cold water His hoes don't want him no more, he's cold  
product

They moved on to the next schmoe who flows  
 He nose dove and sold nadaSo the soap opera is told and unfolds  
 I suppose it's old partner but the beat goes on  
 Da da dum da dum da daYou better lose yourself in the music, the moment  
 You own it, you better never let it go  
 You only get one shot, do not miss your chance to blow  
 This opportunity comes once in a lifetime  
 You better lose yourself in the music, the momentYou own it, you better never let it go  
 You only get one shot, do not miss your chance to blow  
 This opportunity comes once in a lifetime  
 You betterNo more games, I'ma change what you call rage  
 Tear this motherfucking roof off like two dogs caged  
 I was playing in the beginning, the mood all changed  
 I've been chewed up and spit out and booed off stage  
 But I kept rhyming and stepped right into the next cypherBest believe somebody's paying the  
 pied piper  
 All the pain inside amplified by the fact  
 That I can't get by with my 9 to 5  
 And I can't provide the right type of life for my family  
 'Cause man, these goddamn food stamps don't buy diapers  
 And there's no movie, there's no Mekhi Phifer, this is my life  
 And these times are so hard, and it's getting even harder  
 Trying to feed and water my seed, plus  
 Teeter totter caught up between being a father and a prima donna  
 Baby mama drama's screaming on and  
 Too much for me to wanna stay in one spot, another day of monotony  
 Has gotten me to the point, I'm like a snail I've got to formulate a plot or I end up in jail or shot  
 Success is my only motherfucking option, failure's not  
 Mom, I love you, but this trailer's got to goI cannot grow old in Salem's lot  
 So here I go it's my shot  
 Feet, fail me not, this may be the only opportunity that I got  
 You betterLose yourself in the music, the moment  
 You own it, you better never let it go  
 You only get one shot, do not miss your chance to blow  
 This opportunity comes once in a lifetime  
 You better lose yourself in the music, the moment  
 You own it, you better never let it go  
 You only get one shot, do not miss your chance to blow  
 This opportunity comes once in a lifetime  
 You betterYou can do anything you set your mind to, man

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