

Panic Attack

Dream Theater

All wound up
On the edge
Terrified Sleep disturbed
Restless mind
Petrified Bouts of fear
Permeate
All I see Heightening
Nervousness
Threatens me I am paralyzed
So afraid to die Caught off guard
Warning signs
Never show
Tension strikes
Choking me
Worries grow Why do I feel so numb
Is it something to do with where I come from
Should this be fight or flight
I don't know why I'm constantly so uptight Rapid heartbeat pounding through my chest
Agitated body in distress
I feel like I'm in danger
Daily life is strangled by my stress A stifling surge
Shooting through all my veins
Extreme apprehension
Suddenly I'm insane
Lost all hope for redemption
A grave situation desperate at best
Why do I feel so numb
Is it something to do with where I come from
Should this be fight or flight
I don't know why I'm constantly reeling Helpless hysteria
A false sense of urgency
Trapped in my phobia
Possessed by anxiety
Run
Try to hide
Overwhelmed by this complex delirium
Helpless hysteria
A false sense of urgency
Trapped in my phobia
Possessed by anxiety
Run
Try to hide

Overwhelmed by this complex delirium

Lyrics provided by <http://counterlikes.com/>