

# One Moment

## Monifah

Sometimes I swear I need a moment just (for me).  
All to myself without a cause or reason (for me).  
Sometimes a girl can get upset from dealing with all life's pressures, If you're supposed to be  
my friend then just understand it.  
Now name the last time that you did something just (for me).  
Without it benefitting you in the process (for me).  
I feel I owe it to myself, if I don't nobody else will, so into my room I go.  
The love for a second, a life for a minute without you,  
always up in my head I can't think with one moment to bring respective clarity, understanding  
tonight, now I'm taking one moment for me, me, me, me (for me)  
Me, me, one moment for me, me, me, one moment for me.  
Hey, I'm never everybody else except (for me).  
you solve all off your problems calling dads (for me),  
but now I've wasted all of my tissues on other people's issues to fickle to dry my own tears  
now,  
Try not to take it personal this ain't for you (for me),  
I gotta find a hiding place, ain't you worried (for me),  
If I don't set aside some time I'll lose my entire mental so into my room I go.  
The love for a second, a life for a minute without you,  
always up in my head I can't think with one moment to bring respective clarity, understanding  
tonight, now I'm taking one moment for me, me, me, me (for me)  
Me, me, one moment for me, me, me, one moment for me.  
I think it's time I take a little bit for me, a little bit can mean, a little more complete, and I'm  
ready to say today's my day and now I'm so low so into my room I go.  
The love for a second, a life for a minute without you,  
always up in my head I can't think with one moment to bring respective clarity, understanding  
tonight, now I'm taking one moment for me, me, me, me (for me)  
Me, me, one moment for me, me, me, one moment for me.

Lyrics provided by <http://counterlikes.com/>